

SPOKENOTES

FINAL ISSUE ~ OCTOBER 2009

CONGRATULATIONS

**Bike MS: Saint Joseph's College Bike to the Breakwater 25th Anniversary
Cyclists and Volunteers**



STATS & FACTS

TOTAL MONEY RAISED: \$336,000

CYCLISTS: 452

VOLUNTEERS: 182

TEAMS: 45

**Save the Date for 2010
July 31st - August 1st**

bike

MS

25th Anniversary



SAINT JOSEPH'S COLLEGE

**Bike
to the
Breakwater**

CONGRATS & THANKS

The bike MS: Saint Joseph's College Bike to the Breakwater 25th Anniversary was a memorable event, raising \$336,000 for local programs and services and for research to find a cure for MS. We all shared in a wonderful weekend full of cycling, good food, and lots of laughs with such an important mission to carry us through. You all made a difference in the lives of those living with MS in Maine. All of you joined us for different reasons, most with a connection to someone with MS, and some because you love cycling, but no matter your purpose, you all contributed to the same mission: to mobilize people and resources to drive research for a cure and to address the challenges of everyone affected by MS. You far exceeded our expectations! Congratulations on a great weekend of cycling and fundraising. We are looking forward to seeing you in 2010! **THANK YOU!**



Saturday Startline 2009



Gorham Mason's cooking at Sunday's lobster bake.

THANK YOU 2009 VOLUNTEERS

The entire staff of the Maine Chapter, National MS Society, would like to extend our sincere thanks to all of the volunteers at this year's bike MS: Bike to the Breakwater. SAG's, Ham Radio Operators, The Lakes Region Wanderers of the Good Sam's Club, Longhorn Steakhouse girls, Gorham Mason's, BBQ Babes, Rock Church of South Portland, cheerleaders, organizers, money counters, and many, many more help to make this event such a huge success. Bike MS would not be possible without the tremendous support from our volunteers, friends and families.

3 CHEERS FOR OUR SPONSORS!

We owe a HUGE thank you to our bike MS: Bike to the Breakwater 25th Anniversary sponsors! This event would not be possible without the wonderful support from all over the state. We owe many thanks to our title sponsor Saint Joseph's College, our Wellness Expo sponsors New England Rehabilitation Hospital and Maine Medical Neuroscience Institute, MEMIC, Hannaford, Spectrum Medical Group, Time Warner Cable, CIEE, Hillside Lumber, Smiling Hill Farm, Cozy Harbor, Frito Lay, Gritty's, Bon Appetit, TEVA, Cyclemania, Back Bay Bicycle, Bicycle Coalition of Maine, WCSH 6, as well as the many local sponsors and restaurants who donated their services and products to the event.

Sponsorships and donations help to make the weekend of the ride such a memorable experience!



Dr. Lee from Saint Joseph's College accepts sponsor plaque

WHO'S ON TOP?

TOP TEN FUNDRAISERS

1.	Sumner Weeks	\$15,950.00
2.	Lorraine Swensley	\$6,206.00
3.	Gordon Haldeman	\$5,820.00
4.	Dave Collins	\$5,215.00
5.	Judy Parker	\$4,965.00
6.	Eric Seltzer	\$4,500.00
7.	Roy Willey	\$4,410.00
8.	Alan Mooney	\$3,420.00
9.	Paul Riechmann	\$3,405.00
10.	Patrick Bianco	\$3,240.00

TOP TEN TEAMS

1.	Kelly's Kruisers	\$33,317.87
2.	Velo X-Press	\$30,154.64
3.	Cycling Friends	\$24,464.00
4.	Team Jo-Joe	\$19,806.50
5.	Hogan's Heroes	\$14,045.00
6.	Holy Rollers	\$12,692.50
7.	Steezy Riders	\$12,273.00
8.	Casco Bay Bicycle Club	\$11,214.30
9.	Red Riders	\$9,651.00
10.	Jordan's Generation	\$7,905.00

TOP 100

1. Sumner Weeks	26. Mark Collins	51. J Maurice Bisson	76. Kelly Stevens
2. Lorraine Swensley	27. Gail Berg	52. Cliff Hoover	77. Wendy-Jo Berube
3. Gordon Haldeman	28. Tim Blanchette	53. Frank Wertheim	78. Ashley Watkins
4. Dave Collins	29. Kari Richardson	54. Bob Grieshaber	79. Darryl Payne
5. Judy Parker	30. Scott MacDonald	55. Joseph Carter	80. James Gerety
6. Eric Seltzer	31. William Childs	56. Jennifer Dougherty	81. Dee Keesler
7. Roy Willey	32. Debbie Cupo	57. Anne Umphrey	82. Pamela Littell
8. Alan Mooney	33. Frank Bianco	58. Jamie Millar	83. James Putnam
9. Paul Riechmann	34. John Sheehan	59. Russell Anderson	84. Melissa Raymond
10. Patrick Bianco	35. Donna McGrew	60. Steve Marsh	85. Kristin Bingham
11. Bruce Blanchette	36. Shannon Locsin	61. Jessica Berube	86. Chris Arnold
12. Marsha Knight	37. Dana Cary	62. Joe Heasly	87. Richard Penny
13. Louise Pelletier	38. Anna Ward	63. Michael Overton	88. Christopher Baby
14. Peter d'Entremont	39. Robert Poissant	64. Jim Connolly	89. Rick Smith
15. Lester Darigan	40. Richard Cleary	65. Hollie McGillicuddy	90. Curtis Dow
16. Robert Crawford	41. Kate McLaughlin	66. Larry Tonzi	91. Richard Hogan
17. Lawrence Morgan	42. Andy Smith-Petersen	67. Dominic Cacciola	92. Mike Burdett
18. Luc Pepin	43. John Locsin	68. Michael Casey	93. Kathy Potrepka
19. Kimberly Bianco	44. Rich Eichenberg	69. Donald Newberg	94. Cynthia Snow
20. Lisa King	45. Joseph Cupo	70. Corinne Moore	95. Steve Bost
21. Martin Keniston	46. Roger Arbour	71. Norman Baker	96. Robert Bach
22. George Sherry	47. Kevin Battle	72. Clinton King	97. Greg Thuotte
23. Dean Bingham	48. Paul Croeber	73. Scott Burke	98. Benjamin Anders
24. Glenn Israel	49. Anne Wilbuer	74. Deborah Edwards	99. Glen Davis
25. Jim Young	50. Katharine Sheaff	75. Joanie Klayman	100. Douglas MacDonald

TEAM INFO

What an amazing year for teams participating in the 2009 bike MS: Saint Joseph's College Bike to the Breakwater! With 45 teams consisting of 354 participants raising over \$235,000 you have once again proven that teams are the driving force behind this event! Special thanks to the Team Captains for helping motivate and encourage each and every team member to do their best while raising money and while cycling. Great job Teams!

TEAM STATS & FACTS

of teams: 45

of participants on teams: 354

% of participants on teams: 78%

Teams raise 71% of total income

Largest Team: Velo X-Press

TEAM VILLAGE

2009 marked the first year for Team Village and what a huge success it was! The top two teams of 2008, Velo Express and Team Jo-Joe, were provided a tent. Kelly's Kruisers and Cycling Friends won their tents during team week. Casco Bay Cycling Club provided their very own tent, Team Moxie and Steezy Riders rented their tents. Each tent was decorated and filled with food and friends. Thank you to all teams that helped make the first team village a success.

Congratulations to 2009 top two teams that will receive their very own tents in 2010!

Kelly's Kruisers and Velo X-press

Keep a look out for team weeks and more information on how your team can get a tent in the 2010 Team Village at www.bikemsmaine.org.

*Cycling
Friends
hanging out
Saturday
night in their
team tent.*



PRIZES

We appreciate your patience as we gather the Bike to the Breakwater jerseys and prizes. We will have them out to you shortly!

MISSION FIRST

The following participants joined the Mission First Club by donating their prizes back to help people living with MS.

Russell Anderson
Chris Arnold
Robert Bach
Kevin Battle
Gail Berg
Steve Bost
Steven Butler
Dana Cary
Mark Collins
Paul Croeber
Lester Darigan

Peter d'Entremont
Deborah Edwards
Gerard Gelinas
Cliff Hoover
Douglas MacDonald
Steve Marsh
Donna McGrew
Katharine Sheaff
Andy Smith-Petersen
Larry Tonzi

THANK YOU TO OUR 2009 SPONSORS!



SAINT JOSEPH'S COLLEGE



BON APPÉTIT

